



**THE
BETTENDORF
ROTARY
CLUB NEWS**
Bettendorf, Iowa, Rotary Club
Sept. 17, 2014, issue

Next meeting:

Wednesday, Sept. 24, 2014, at
Davenport Country Club

**An update on Palmer
College of Chiropractic**

Dr. Dennis Marchiori, chancellor of Palmer College of Chiropractic, is the scheduled speaker for the Sept. 24 meeting – at the Davenport Country Club, as it was last week.

D.D. Palmer performed his first adjustments in 1895 in Davenport, and the Palmer School and Cure was founded in 1897. It was later renamed the Palmer School of Chiropractic. Palmer College –



which also has campuses in San Jose, Calif., and Port Orange, Fla. – teaches practitioners from around the world.

Chiropractic is a form of health care that uses spinal adjustments to correct slight misalignments, which it says can cause health problems because they interrupt the normal function of the nervous system.

Last meeting:

Wednesday, Sept. 17, 2014



Sammie Smith, Jane Fleming and Jodie Kavensky wore teal to “BEAT the Big O”

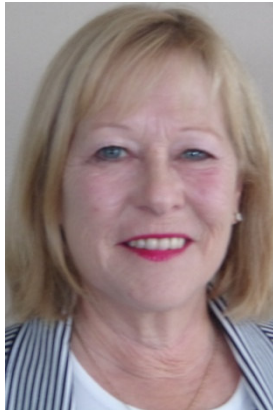
**Foundation fights
ovarian cancer**

September is National Ovarian Cancer Month, said **Jodie Kavensky** of the Norma-Leah Ovarian Cancer Foundation, the featured speaker at the Sept. 17 meeting. The cancer strikes one in 72 women, she said, “and 70 percent of them die within five years” of diagnosis.

Jodie founded the Norma-Leah Ovarian Cancer Foundation – named for her mother and aunt, who both died of the disease – specifically to create public awareness, promote early detection and support research for ovarian cancer. Because ovaries are located deep within a woman’s pelvis – and its symptoms are extremely subtle, so may be ignored for a long time – ovarian cancer often reaches an advanced stage before being detected. Jodie advised women with a family history of the cancer to consult a doctor if they experience persistent “BEAT” symptoms for several weeks:

- Bloating that is persistent
- Eating less, feeling fuller
- Abdominal and/or back pain
- Trouble with bladder and bowels.

No early-detection test exists to identify the presence of ovarian cancer, **Jodie** said. And it's not possible to feel a tumor as one might to discover the presence of breast cancer. Often, she said, it may be necessary to have a trans-vaginal



ultrasound to diagnose the presence of an ovarian tumor.

Ovarian cancer is most prevalent among – although not limited to – women with Eastern European heritage, especially Jewish families, Jodie said. Women who experience infertility or endometriosis have a higher risk, she added. And removal of the ovaries does not completely reduce the risk.

Beginning in the Quad-Cities, the Norma-Leah Foundation now distributes “BEAT the Big O” cards nationally as part of the awareness campaign. Ovarian cancer organizations have adopted the color teal for survivors and others affected by the disease. Fund raising includes the sale of teal-colored jewelry, such as the pendant that Jodie and two other women associated with the Foundation – Jane Fleming and Sammie Smith – wore at the meeting.

Announcements...

→Thanks... and next meeting: **President-elect Kevin Kraft**, who presided, thanked the Davenport Country



Club for hosting this week's meeting. He reminded us all that our Sept. 24 meeting will also be at the DCC.

→**Read to Succeed: Scott Naumann** said this program, in which BRC members help first graders in Bettendorf and Pleasant Valley schools with their reading, will resume about Oct. 1. He said 10-12 volunteers – who may be friends or members of BRC members – are needed to spend about one hour per week in a classroom. To volunteer, or for more information, contact **Jim Spelhaug** (spelhaugjim@pleasval.k12.ia.us / 332-4040), **Theron Schutte** (359-3681 / tschutte@bettendorf.k12.ia.us) or **Scott** (445-4260 / scottn@midlandcom.com).



→**Dictionaries:** **Jim Spelhaug** said BRC again will give a dictionary to every 4th grader – about 750 of them – in the Bettendorf and Pleasant Valley school systems and at Rivermont Collegiate, Morning Star Academy and

Lourdes School. The scheduled delivery dates are Oct. 6-17. After the meeting, in an email, Jim commented, “We had a good initial sign-up for dictionary distribution.... If you signed up at the meeting I will be contacting you via email with confirmation and details.” Some opportunities remain, he added.

→ **Coats for Kids:** Kevin announced that the Rotary District 6000 campaign to supply needy school children in Iowa with warm winter coats is on track to purchase 4-5,000 of them. Checks for pledged amounts are due – contact **Secretary Johanna Smith**. Also, the club may need a van to transport coats to the QC from Iowa City – stay tuned for more info on that.



→ **Carter LeBeau Tribute Ride:** A bike ride to honor **Carter LeBeau** is slated for 8 a.m. this Saturday, Sept. 20, beginning in the parking lot of

the Isle Hotel. The 15-mile river-front ride will go to Credit Island and return to the Isle. The event is hosted by **Kaye LeBeau** and **Vivian Norton**.

→ **Rotary biking jersey:** Kevin said a biking jersey designed for Rotarians is available – contact him by Sept. 22 for more information.

→ **Future meeting sites:** Because of the closing of the Fortune Garden Restaurant, BRC will meet for the next few months at a succession of locations to “audition” venues for a new permanent home, **Kevin** said. Those meeting sites are:

Sept. 24 – Davenport Country Club
October meetings – The Fountains

November – Bettendorf Public Library
December – Tanglewood Pavilion
January (tentatively, if construction is finished) – the new Hilton Garden Inn

To suggest other sites, email **Kevin** (kevin.kraft@ubs.com) or **President Sharon Sarver** (ssarver529@yahoo.com).



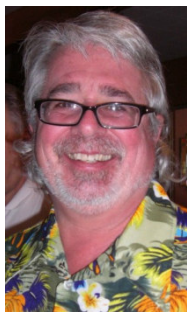
→ **Annual BRC Golf Outing:** Event chair **John Rabine** said last week’s event drew “more golfers and sponsors than any other in the last 6-7 years – and added a couple thousand dollars” for BRC projects. **Ken Vandersnick** listed the sponsors – at \$100 per hole: **McGimpsey Trucking (Penny McGimpsey)**; **Abbey Carpet (Bill Daley)**; **RJS & Associates (Dick Schillig)**; **Tom Olson, DDS**; **Mark Ross** for Iowa House; **Pat Stopulos** Insurance; **Linda Miller** for Iowa Senate; **Steve’s Mirror & Glass (Jerry Felsing)**; **Wagner’s Cleaners (Ken Vandersnick)**; **Sitrick & Associates (John Sherrick)**; **Gallagher, Millage & Gallagher (Bob Gallagher)**; **U.S. Bank (Alexei Bibik)**; **George & Nancy Coin**; **UBS Financial Services (Kevin Kraft)**; **Wells Fargo Advisors (Rich James)**; **Brad & Andrea Boeye**; **Diane Ricketts-McCool**; **Mike McCool**; **McGinnis-Chambers Funeral**

Home (**Dave Chambers**); Weerts Funeral Home (**Dave Deuth**); Triumph Bank (**John DeDoncker**); RSM McGladrey (**George Daugherty**); Doland Jewelers (**Will Doland**); Riverbend Signworks (**Brad Morrison**). Golf results will be reported in next week's issue, John promised.

History with Harry... (Harry Coin looks through BRC archives to discover what the club was doing in years past...)



In lieu of a report of what BRC was doing on Sept. 17 in past years, Harry reproduced the minutes and report of the Sept. 8, 2010, meeting, in which he “took notes using a Run with Carl pen and a Chinese restaurant place mat.” Highlights included a complete review of the 2010 Run with Carl – “the first race in its 16-year history favored with the liquid form of sunshine” – and several instances of BRC members tempting Thor and his peers by raising their arms “in the mode of a lightning rod.”



Jon Ryan Happy \$\$... (Named in honor of the late Bettendorf Rotarian, punster, jokester and all-around good guy)

President-elect Kevin collected \$316 at the Sept. 17 meeting, especially from: **Glenn Kass** – BRC received a check for \$34 as its split from attendance at Rotary Night at the Ballpark... **Scott Naumann** – met with **James and Ying** of the

Fortune Garden Restaurant, who told him the Dynasty Buffet would like to host BRC meetings... **Jim Slavens** – wife Cheri recently had knee-replacement surgery “and would be happy to confer with anyone facing” contemplating doing the same... **Ozzie (Richard) Oswald** – 5th anniversary... **Mark Ross** – knocking on voters’ doors + \$40 (because he has that many yard signs to put out)... **George Daugherty** – 35th anniversary... **Dick Schillig** – fondly recalling **Doyle McCully** for his support of, and participation in, Run with Carl... **Tim Downey** – thankful for those 3 points last week as the Cyclones topped the Hawkeyes... **Jonna Schuler** – adding \$20 more for the Cyclones’ win... **George Coin** – \$100 for 100 more biking miles (**Harry Coin** added, “That’s 1,800 miles he’s biked so far this year.”)

The meeting opened...

President-elect Kevin Kraft opened the meeting at the Davenport Country Club (see Announcements) by leading the recitation of the 4-Way Test. He turned the meeting over to **Tom Howard**, who led the singing of the day’s patriotic song, “God Bless America” (with accompaniment by **Scott Naumann’s** tuneful laptop). Kevin returned to lead the Pledge of Allegiance to the Flag, even though it was absent from the room.



After Moments of Reflection and introductions, Tom and Scott’s laptop resumed the singing with a musical “4-Way Test” and “My Grandfather’s Clock,” with additional accompaniment on clinking water glasses.

For more on Bettendorf Rotary Club:
<http://www.bettendorfrotary.com/>

Secretary Johanna Smith

introduced:

Guests (Sept. 17):

Jodie Kavensky (speaker), Jane Fleming and Sammie Smith, all of Norma-Leah Ovarian Cancer Foundation

Laurie Hutcheson, N2 Publishing (guest of **Glenn Kass**)

Ann Rutherford, Law Office of Cristy Tackett-Hunt (guest of **Scott Naumann**)

In all, 51 Bettendorf Rotarians attended the Sept. 17 meeting, and were joined by 5 guests. The Sept. 10 Golf Outing was attended by 35 BRC members and myriad guests.

And at the end...

... of the meeting, in the drawing of all who participated in Jon Ryan Happy \$\$, **Ozzie Oswald** won a Happy to Have a Make-Up.

Upcoming meetings...



... Thanks to program chair **Scott Naumann**, scottn@midlandcom.com, 445-4260:

Sept. 24: Dr. Dennis Marchiori, chancellor of Palmer College of Chiropractic

Oct. 1: BHS teacher Chris Like: BHS is one of the first Iowa school

districts to implement a new district-wide teacher-leader position in "STEAM" (science, technology, engineering, arts and math)

Oct. 8: Our own **Ryan Bell**: Locals Love US

Oct. 15: Dave Layton: Retired Senior Volunteer Program (RSVP)

Missing...

(Number in parentheses: total meetings missed since July 1, 2014):

(**Sept. 17:**) Arndt (11), Bell (3), Bibik (6), Blaske (4), Boeye (10), Bowe (11), Brown (12), Bush (12), DeDoncker (7), Death (5), Dickson (7), Dobesh (4),

Eikenberry (11), Ellstrom (12), Erpelding (7), Felsing (4), Gallagher, Jr. (4), Garlach, Gause (8), Glass (3), Gudgel (9), Habenicht (7), Hassel (6), Heninger (4), Hill (7), Hinton (12), Hipple (10), Hurd (4), Kellenberger (9), Kennedy (12), Larsen (8), Lizak (6), Lokenvitz (6), McGimpsey (4), Mannix (12), Martinez (8), Miller, L. (6), Mitvalsky (5), Naeve (9), Naeve (10), Nelson (12), Pieart, Ploehn (5), Powers (3), Ricketts-McCool (8), Salm (12), Sarver, Saul (4), Scranton (10), Sherrick (6), Tirone (6), Volbrecht (7), Werner (12), Worley (11)

(**Sept. 10:**) Arndt (10), Ashby, Bibik (5), Blaske (3), Boeye (9), Bowe (10), Brown (11), Bush (11), Calabrese (2), Chambers (4), DeDoncker (6), Dickson (6), Dobesh (3), Doresca (2), Ellstrom (11), Erpelding (6), Falk (4), Featherstone (9), Felsing (3), Franks (7), Gallagher, Sr. (7), Gause (7), Glass (2), Gudgel (8), Habenicht (6), Hartsock (7), Hassel (5), Hill (6), Hinton (11), Hipple (9), Hurd (3), Kass, Kennedy (11), Kraft, Lane, Larsen (7), Limberg (5), Lizak (5), Lokenvitz (5), Love-Sherrick (7), McGimpsey (3), McWilliams (10), Mannix (11), Marbach (3), Martinez (7), Miller, L. (5), Mitvalsky (4), Naeve (9), Nelson (11), Oswald (7), Powers (2), Ricketts-McCool (7), Salm (11), Schillig, Scranton (9), Slavens (2), Spelhaug (2), Stone (4), Tirone (5), Volbrecht (6), Werner (11), Wessel (5), Willsher (9), Worley (10), Zachary (6)

Make-ups...

Run with Carl: Rich James, Jean Dickson

Golf Outing work: John Rabine, Ken Vandersnick

Board of Directors meeting: Jim Slavens, Laurie Dobesh, Chelsea Powers, Ryan Bell, Tim Lane, Jim Spelhaug, Theron Schutte, Kevin Kraft, Sharon Sarver

BRC News staff...

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