



**THE
BETTENDORF
ROTARY
CLUB NEWS**
Bettendorf, Iowa, Rotary Club
Nov. 20, 2013, issue

Next meeting:
Wednesday, Nov. 27, 2013, at the
Fortune Garden Restaurant

**Yes, there *is* a meeting
next week, and it's on...
*Be a Santa to a Senior***

With the turmoil of the next few weeks, from performances of *The Messiah* to all the retail madness, it's easy to forget how lonely the Holidays can be for elderly folks who may not have family nearby.

That situation has given rise to the program *Be a Santa to a Senior*, and two members of the staff of Home Instead Senior Care of the Quad Cities will tell us more during the Nov. 27 meeting.

Carla Popp, RN, BSN, MBA, is general manager of Home Instead, and **Debbie Elliott** is its human resources assistant



and education and training coordinator.

Carla is a registered nurse who has worked health care in the QC for more than 27 years. With a BA degree in education, Debbie has been working in health care for 14 years and has managed the *Be a Santa* program for 6 years.

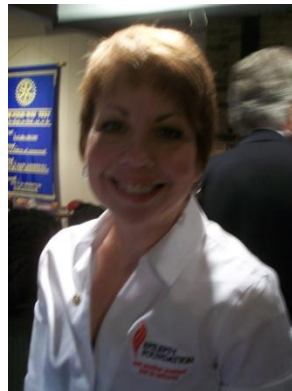
Last meeting:
Wednesday, Nov. 20, 2013

**Becoming aware
of epilepsy...**

November has been designated Epilepsy Awareness Month, said **Monta Ponsetto**, director of epilepsy services for the Quad Cities, because “it is the most misunderstood condition of the brain.”

Throughout history, she said, people with epilepsy have been institutionalized, shunned and even “sterilized in some states – as recently as the 1940s.” In fact, epilepsy is not a disease, mental illness, retardation or contagious, she added.

Monta provided a good deal of



background information on epilepsy. It is a neurological disorder characterized by seizures, which are temporary disruptions of electrical activity in the

brain, she explained. Seizures may be either general (involving the entire brain) or partial (usually only one hemisphere). Treatments fall into four types: medication, stimulation of the vagus nerve, brain surgery or a ketogenic diet, high in fats and low in carbohydrates.

Epilepsy became very personal to her, Monta said, when her husband had a “grand mal” seizure aboard the submarine in which he was serving with the U.S. Navy. That caused him to leave the service and change careers, she said.

The Epilepsy Foundation of North/Central Illinois, Iowa and Nebraska has, since the 1960s, provided support services, advocacy and education both for those who have the medical condition and the general public "... to stop seizures, find a cure and overcome the challenges created by epilepsy."

Services include support groups, special clinics, counseling and legislative advocacy to pass laws that help provide needed help for those with the condition.



Johanna Smith helps Monta Ponsetto set up video equipment before the meeting.

Epilepsy affects about 65 million people worldwide, about 3 million in the U.S. and typically more than 14,000 in a community the size of the QC, she said.

Education programs help those with epilepsy and their families, and reach out to schools, social services, employers and other businesses, and community and service organizations.

New member induction...

→**Michael Hurd**: S.K. Nanda inducted **Michael Hurd**, CPA, who was sponsored by **Frank Mitvalsky**. Born in



Ames, Iowa, Mike moved to Bettendorf as a child and graduated from Bettendorf High School. He returned to Ames where he graduated from Iowa State (Go, Cyclones!). He and his wife, a Michigan native, moved back to the QC in 2005. They are parents to a daughter, who is at BHS, and two sons, ages 11 and 9.

Announcements...

→**Thanksgiving baskets**: **Chris Glass** passed out assignments to members who have volunteered to distribute Thanksgiving food baskets on Saturday, Nov. 23.

→**Aid for tornado victims**: **Jonna Schuler** appealed to members to contribute toward relief for victims of the tornado that devastated Washington, Ill. – as part of the fund drive sponsored by the group of six radio stations where she works.

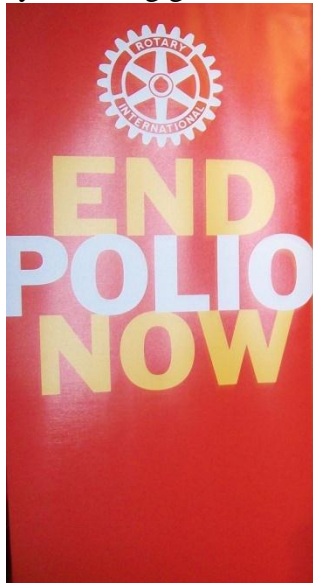
2 (or 5) minutes with S.K....

(To mark November, Rotary Foundation Month): **S.K. Nanda** presented "Chapter 3" of his 4-installment history of Rotary International.

In 1984, Rotary admitted women to membership, "And this club especially has benefitted from that," S.K. said.

After the successes Rotary experienced in the 1985 campaign to fight polio in the Philippines, the organization decided to launch PolioPlus to eradicate the disease world-wide; at the time, polio was endemic in more than 150 countries. The first fund-raising effort netted \$247 million by 1988 – nearly double the goal, S.K. noted.

Because of PolioPlus, aided generously by matching grants from the Bill and Melinda Gates Foundation and other benefactors, endemic polio had been reduced by last year to three countries – Afghanistan, Nigeria and Pakistan. Thanks to several intense years of effort, India was



removed from that list.

Then, because of hostilities in Somalia, within the last year the disease broke out there and in most neighboring countries, where refugees fled.

Those outbreaks have prompted Rotary's "final inch" campaign to raise \$1 billion more to fund complete eradication of polio within five years, S.K. said.

In the final installment next week, S.K. promises a "full accounting" of how the Rotary Foundation spends its funds.

For a more detailed history of Rotary International, go to:
<https://www.rotary.org/en/history-rotary-international>.



The meeting opened...

After **President Chelsea Powers** called the meeting to order, she led recitation of The 4-Way Test. **Tom Howard** led the singing of "America the Beautiful," accompanied by pianist **Zooney Pinter** (who was playing for the last time, because she and her husband are moving). After Moments of Reflection and introductions, the singing resumed with "Sing, Rotarians" and, with a bow to Thanksgiving, "Come, Ye Thankful People, Come" (a.k.a. "Harvest Home").

Secretary Johanna Smith introduced:

Visiting Rotarian:

Monta Ponsetto, Rock Island; speaker, from the Epilepsy Foundation

Guests:

Dennis Koots with **Gene Miller**
Laura Simmons with **Chris Glass**

Johanna reported total attendance of 52: 49 Bettendorf Rotarians, 1 visiting Rotarian and 2 guests.

Jon Ryan
Happy \$\$...
 (Named in honor of
 the late Bettendorf
 Rotarian, punster,
 jokester and all-
 around good guy)



President Chelsea
 collected \$131 from the gathered throng.
 These members were especially happy:
Theron Schutte – anniversary... **Penny**
McGimpsey – anniversary, also... **Chris**

Loweth (8); McWilliams (16); Mannix
 (7); Marvin (11); Miller, L. (5); Naeve
 (2); Nelson (21); Olson (11); Oswald
 (11); Ploehn (6); Ross (8); Salm (16);
 Sarver (5); Sherrick (12); Slavens (6);
 Stone (6); Thompson (3); Vandersnick
 (2); Vollbrecht (14); Werner (16);
 Willsher (8); Worley (21); Zachary (7)

Make-ups...

Naumann (Davenport Rotary)

Make up at another QC club...

Monday, noon: Davenport – The Outing Club
 Monday, noon: Moline – Christ the King Catholic
 Church

Monday, 6 p.m.: QC Illinois – Arbor Village Club
 House, Moline

Tuesday, 7:15 a.m.: River Cities – Brothers
 Restaurant, Rapid City

Tuesday, noon: Rock Island – QC Botanical
 Center

**Wednesday, noon: Bettendorf – Fortune
 Garden Restaurant**

Wednesday, 5 p.m.: Mini Meet – Lunardi’s
 Restaurant, Davenport

Thursday, 7 a.m.: Iowa Quad Cities – The Lodge,
 Bettendorf

Thursday, noon: East Moline – Christ United
 Methodist Church

Thursday, noon: Milan – Pinnacle Country Club

Friday, noon: North Scott – Steeplegate Inn,
 Davenport



Glass – “the Baby Glass is going to be a
 boy” + “\$1 for the mustache” [Sorry for
 the poor photo; will do better next time –
 Ed.]... **Bob Gallagher Sr.** – good to be
 back after surgery.

Missing today...

Adams, K. (18); Adams, L. (17); Arndt
 (15); Ashby (4); Bibik (12); Bowe (21);
 Brown (21); Bush (16); Calabrese (10);
 Chambers (10); Death (9); Dickson (12);
 Duda (16); Edwards (21); Ellstrom (21);
 Featherstone (4); Felsing (8); Franks
 (17); Gause (5); Habenicht (9); Hartsock
 (9); Hassel (9); Heninger (8); Hill (4);
 Hintermeister (11); Hinton (18); Hipple
 (8); James (4); Kappeler (17); Kass (3);
 Kennedy (18); Larsen (9); Lizak (12);

Upcoming meetings...

... Thanks to program chair **Scott**
Naumann, scott@midlandcom.com,
 445-4260.

Nov. 27: Home Instead Senior Care:
 Focus on Senior Santa and Senior Needs
 and support opportunities for the holiday
 season.

Dec. 4: Brian Schmidt, Bettendorf Public
 Works director

Dec. 11: Bettendorf High School Choir
 vocal program

For more on Bettendorf Rotary Club:

<http://www.bettendorffrotary.com/>