



# THE BETTENDORF ROTARY CLUB NEWS

Bettendorf, Iowa, Rotary Club  
June 23, 2010, issue

## *Next meeting:*

Noon Wednesday, June 30, 2010,  
at The Fortune Garden Restaurant

## A new captain takes hold of BRC's helm

At the June 30 meeting **Jeff Hassel** takes over as president of Bettendorf Rotary for 2010-2011. He will present his agenda, introduce his Board and launch the club into its new year. During **Dave**



**Death's** year as president, the club saw membership top 100... celebrated its 4<sup>th</sup>



successful LobsterFest... supported an international project to purify water in a Peruvian village... expanded its annual scholarship program to award \$1,000 to six graduates of schools in Bettendorf... and more. Come and celebrate the passing of one year of achievement, and the anticipation of another.



## *Last meeting:*

Wednesday, June 23, 2010

## Zumba® steps up the meeting tempo

“I need to catch my breath!” one Rotarian commented at the June 23 meeting between exercise / dance routines by Zumba® instructor **Patrice Williams** – who was joined by our own **Nicole McWilliams** (who introduced the program).

Patrice, a certified personal trainer and group fitness instructor who leads Zumba classes, and Nicole, one of Patrice's students, introduced the club to what's been described as the hottest trend in fitness.



According to the official Zumba Website, this method of exercise combines interval training (alternating

fast and slow rhythms) and resistance training “to tone and sculpt your body while burning fat.” Patrice said one can burn 600-1,000 calories during a one-hour workout.

Patrice said Zumba was “born” almost by accident in the mid-’90s when fitness trainer “Beto” Perez improvised the concept of Latin-inspired dance-fitness in his native Cali, Colombia. One day, he walked into his aerobics class and realized he had forgotten his aerobics music. Thinking quickly, he grabbed some personal music tapes from his backpack – Latin salsa and merengue music – and improvised the entire class. His class soon became the most popular one at his exercise facility, and the new fitness concept was born. It spread rapidly across the Globe.



Patrice teaches Zumba at Skellington Manor, 420 18th St., Rock Island, where classes are offered Monday and Wednesday evenings and Tuesday and Thursday afternoons. For more information, see “Zumba in the QC” on Facebook, or click [info@skellingtonmanor.com](mailto:info@skellingtonmanor.com).

### **The meeting opened...**

**President Dave** opened the last meeting of his presidency by leading members in **The 4-Way Test** and singing of the day’s patriotic song, “God Bless America.” After Moments of Reflection, the singing resumed under the direction of **Carter**

**LeBeau**, with **Bernie Vogel** on piano: “You’re a Grand Old Flag” (in recognition of Flag Day, June 14), “In the Good Old Summertime” (the Equinox was just past) and “Smiles” (good any time).

### **Secretary Chuck introduced: Visiting Rotarians...**

Mary Ellen Chamberlin, North Scott: Gambling Foundation  
Greg Gutsell, Davenport: Agriculture  
Ardo Holmgren, Rock Island: Civil Engineer  
Bruce Mills, Newport-Richey, Fla.: Maritime Construction

### **... and Guests:**

Trina Hanssen with Jim Legare  
Pat Stopulos with Ken Vandernick

### **Announcements...**

➔ **LobsterFest.** **President Dave** invited all concerned to the wrap-up meeting of this year’s committee, scheduled for 8 a.m. Thursday, July 8.

➔ **International project.** **Lee Semenov** reported that the project to which we committed – to provide safe drinking

water to a poor district of Lima, Peru, through the use of bio-sand filters – had been approved. Bettendorf Rotary joins clubs from Canada, Italy and Sweden in support of the Molina Vieja (Old Mill) club of Lima, which manages the project. Our club contribution of \$2,690, matched by the district and Rotary Foundation, grew to \$12,500 – which will make possible construction of 113 filters, each of which will produce 13



gallons of potable water per day. Our **Ann Kappeler** and **Brock Earnhardt** of the Davenport club were also instrumental in the success of this project, Lee said.

### Presentation...

The Bettendorf Club's (and perhaps even Iowa's...) champion of making up – **Carter LeBeau** – went on a Caribbean cruise, during which he made up at six clubs, raising his personal lifetime total to **823 makeup meetings!** This time he visited the Antigua, Bonaire, Grenada, Montego Bay East, St. Kitts and St. Vincent clubs – and had both the banners and the photos to prove it. He emphasized how easy – and how much fun – it is to make these visits while traveling... anywhere on the planet. Just check the Rotary Directory – or click Club Directory on the Rotary International Website (see Page 4).



### News...

**Lora Adams** reported all the news that fit into a couple minutes: It appears Davenport's population will still top 100,000 in the new census (2009 estimate: 101,306)... the Iowa and Illinois QC Chambers of Commerce have voted to merge... Prince Albert of Monaco is engaged to a former Olympic swimmer from South Africa... a Peoria man thinks a friend shot him, after he called his girlfriend ugly – but said he felt



no pain, thanks to generous swigs of whiskey... a New Zealand man, trapped inside his car after he flipped it, “had nothing else to do... so he had another beer,” his defense attorney explained...

### Sergeant at Arms...

**President Dave**, impersonating the Sgt. of Arms for his last time as president, wrung \$196 worth of **Ryan \$\$** – plus \$100 in checks – out of members, to aid our foundations. People had varied reasons for their happiness...

**Gary Hintermeister** – 30<sup>th</sup> anniversary... **Connie Mangler** – 34<sup>th</sup> anniversary (married at age 18, she said – you do the math)... **Tim Lane** – birthday, anniversary and *not* making up at Montego Bay... **Lee Semenov** - \$ saved from no longer having to buy Maalox (a little-known side effect of coordinating an international project, apparently)... **Rich James** – anniversary of purchasing his first Corvette... and he's going to Colorado (“highs in the 70s”)... **Dave Deuth** – last meeting as president – and 24<sup>th</sup> anniversary (in 2 weeks, while he'll be away)... **Doyle McCully** – the traffic camera at Kimberly & Elmore seems to be working... **Steve Pieart** – \$20 because he can't work at the JDC... **Bob Lundin** – he sold his house... on the first day!

### Missing Today:

Adamson, Ahlstrand-2, Atnip-3, Blaske-2, Boeye, Brown, Brummel, Daugherty, Dobesh, Elstrom-23, Felsing, Foster-2, Gudgel, Habenicht, Hassel, Hinton-2,



Jones, Kennedy, Lanum-4, Loweth, Mitvalsky, Pelecky-7, Ploehn, Ricketts-McCool, Ross-3, Scranton, Selden-5, Sherrick, Schutte-4, Volbrecht, Worley-14.

### **Make-Ups:**

Duncan Cameron @ North Scott  
At today's committee meeting: Linda Miller, Tom Coley, Jim Legare, Phil Kinsley, Duncan Cameron, Lora Adams, Simon Bowe, Tony Calabrese, Dave Chambers, Tom Downing, Mike Freemire, Nicole McWilliams, Gene Miller. (And Jeff Hassel must get something for being in Montreal for the International Convention...)

### **The meeting ended...**

... with **President**

**Dave** recalling that Steve Jobs had a tough time for a while gaining support from big business for his invention, and quoting Elbert Pine: "What we do for ourselves often dies with us, but what we do for others and the world lives on..."



Before we all left the room, **Duncan Cameron** grabbed the microphone and led a Standing-O for Dave and the leadership he's shown during his year. Dave's parting words: "Be involved – that's the way to get the most out of your Rotary membership."

### **News Staff...**

Editor, reporter Fred Anderson...  
Correspondent Chuck Mooney...  
Photographer Carter LeBeau...  
Webmeister Ralph Hening

## **Bettendorf Rotary resources**

**Hot links where you can find answers to many questions about Rotary.**



The history of Bettendorf Rotary, and more:  
<http://www.bettendorfrotary.com/local.htm>

Bettendorf Rotary in the community:  
<http://www.bettendorfrotary.com/community.htm>

Bettendorf Rotary's current officers:  
<http://www.bettendorfrotary.com/current.htm>

Bettendorf Rotary's committees and their chairs:  
<http://www.bettendorfrotary.com/committ.htm>

Links to Rotary International, Rotary Foundation, Polio Plus... and more:  
<http://www.bettendorfrotary.com/links.htm>

Link to District 6000's Website:  
[www.rotary6000.org](http://www.rotary6000.org)

### **Make up at a nearby Rotary Club:**

Monday, noon.....Davenport – The Outing Club  
Monday, noon.....Moline – Christ the King Catholic Church  
Monday, 6 pm.....QC Illinois – Arbor Village Club House, Moline  
Tuesday, 7:15 am..... River Cities – Brothers Restaurant, Rapid City  
Tuesday, noon....Rock Island – QC Botanical Center  
Wednesday, noon....Bettendorf – Fortune Garden Restaurant  
Wednesday, 5 pm.....Mini Meet – Lunardi's Restaurant, Davenport  
Thursday, 7 am.....IA Quad Cities – The Lodge, Bettendorf  
Thursday, noon....East Moline – Christ United Methodist Church  
Thursday, noon.....Milan – Pinnacle Country Club  
Friday, noon.....North Scott – Steeplegate Inn, Davenport