

THE BETTENDORF ROTARY CLUB NEWS

Bettendorf, Iowa, Rotary Club

July 7, 2010, issue

Next meeting:

Noon Wednesday, July 14, 2010, at The Fortune Garden Restaurant

Learn more about lowa tax lobbyists

The scheduled guest speaker at the July 14 meeting is **Ed Failor Jr.**, president of



Iowans for Tax Relief, which describes itself as an organization that "works and speaks on behalf of Iowa taxpayers on tax and spending issues in the Iowa Legislature." At the meeting he

will present the history, mission and accomplishments of the organization.

Iowans for Tax Relief is the largest taxpayer rights group per capita in the country, with more than 54,900 members. Failor has been with the organization for 14 years. He has also served as executive vice president, vice president and finance director. In the 2008 election the group's political action committee contributed nearly \$500,000 to Iowa State House and State Senate campaigns.

Last meeting:

Wednesday, July 7, 2010

'Y' program aims to reduce obesity in QC

Amid alarming statistics about the growing problem of obesity in the United States – causing a health crisis with sharp rises in diabetes, heart disease and other

illnesses, and rampant increases in health insurance costs – **Christy Filby**, community wellness executive for the Quad-Cities YMCA, informed us about the Activate Quad Cities



initiative at the July 7 meeting.

Activate Quad Cities works to create a culture of community wellness in various existing types of social structures – the workplace, non-profit agencies and the faith community.

Activate Quad Cities was inspired by the YMCA's national effort, "Activate America" – described as "a bold, unprecedented initiative by YMCAs across the country to help children and adults discover and sustain healthier ways to live."

Through a partnership between YMCA-USA and the Centers for Disease Control and Prevention, Pioneering Healthier Communities grants provide funds to help local community leaders to create a social and physical environment that



encourages healthy lifestyles. In 2006, the Two Rivers YMCA and Scott County Family Y received a

PHC grant; Activate Quad Cities is the result. Its goals are to:

→ Reduce obesity and the health conditions related to it: heart disease, strokes, hypertension, diabetes, some cancers, arthritis, asthma and depression.

→ Increase physical activity. → Encourage healthy eating. → Develop educational materials and programs to support these goals. → Work with other groups working to improve health and wellness. → Reduce the costs related to obesity and inactivity. → Bring about policy changes that support healthy lifestyles. → Develop a physically fit work force to position the Quad Cities as a community of choice for new businesses.

For more information, contact Christy at <u>cfilby@quadcitiesymca.org</u> or at 797-3945, ext. 245.

The meeting opened...



Fresh from helping direct traffic at the first hole of the John Deere Classic, **President Jeff Hassel** opened the meeting by leading the club in a recitation of the 4-Way Test and the day's patriotic song, "God Bless America." After Moments of

Reflection, BRC's Singing Dynamic Duo – Songmeister **Tom Howard** and Pianomeister **Bernie Vogel** – resumed

the songfest with "All Hail to Rotary,"
"America the Beautiful" and "Happy
Birthday, Dear Rotarians" – in this case:

July birthdays...

7, Frank Mitvalsky; 10, Gary Koos; 12, Kirsten Adams; 13, Greg Adamson; 14, John DeDoncker; 21. Dave Chambers, Frank Schwab, Mike Freemire; 27, Simon Bowe; 28, Steve Pieart.

Secretary Chuck introduced: Visiting Rotarians...

PDG Bill Cameron, Keokuk: Education Ardo Holmgrain, Rock Island: Civil Engineer

... and Guests:

Spencer Freemire with Mike Freemire



Terry
Branstad
(yes, that
Terry
Branstad,
who just
dropped by
for some
Chinese
food... and
to shake
some hands)
& Mike

Derby with Brian Kennedy

Announcements...

- → John Deere Classic. President Jeff said anyone who still might need part of their uniform should contact him ASAP: 336-3008 or jhassel@davchc.com
- → Birthday, anniversary \$\$. President Jeff announced a new policy: To help Secretary Chuck and George Daugherty (who have to keep all this \$\$ stuff straight), please pass \$\$ prompted by birthdays and anniversaries to the president at the FRONT of the room. Other Ryan \$\$ still go to Chuck.



→ Rotary in Motion Challenge. After Week 1 of the Challenge, Dick Schillig addressed some of the problems with the pedometers – and said better substitute devices were available (and if you missed the meeting, and need a pedometer that works right, contact Dick: 332-2200 or rjsandassoc@att.net). With the help of Chelsea Powers, he unveiled the board on which team steps will be recorded. With partial results after one week, the nine reporting members of RotoRockets led by Capt. Kurt Lokenvitz had walked 198 miles while the **No Name Yet** team led by Capt. **Kevin Kraft** had covered 276 miles (no record of how many reported their steps). Jovial taunts flowed back and forth; there were no fist-fights; after all, we are a Singing Rotary, and 'Rockets and No-Names do break bread (well... fried rice) together at meetings. So... expect more motion and more step reporting... stay tuned, sports fans.



→ Rotary Night at the Ballpark. (No announcement – just remember this annual fundraiser for Polio Plus will be Wednesday, Aug. 4 at Modern Woodmen Park. Tickets are \$7 each – \$3 going to Polio Plus. More later...)

The news...

Lora Adams
reported the
news... and not-sonews: Five Afghan
soldiers killed by
friendly NATO
fire... ramp from
John Deere Road to
I-74 closed for
resurfacing until
Friday... firewalkers in Italy get
burned feet... a 91-



year-old woman can continue to live with the corpses (yes, embalmed) of her late husband and twin sister...eeuuu... LeBron James will reveal his new team (Bulls?) on ESPN Thursday evening.

Sergeant at Arms...

President Jeff collected \$288 in **Ryan** \$\$ for our foundations from members who were all kinds of happy:

Jeff himself – happy to be president...
Mike (Hizzoner) Freemire – Family
Circle names Bettendorf one of Top 10
family-friendly towns (details:
http://qctimes.com/news/local/article_58
b957a2-89ed-11df-b67e001cc4c002e0.html)... Tim Lofgren –
won the plane tickets at LobsterFest...
Ann Keppeler – (missed LobsterFest...
but:) was an escort on the recent Honor
Flight... Doyle McCully – happy to
refute his status as "deceased" on the list
of past District 600 governors... Harry
Coin – ecstatic that his son has had 6



days of good health since surgery (an answer to prayer)... **George Worley** – happy to be back at a meeting after long absences (apparently, doing OK during those absences note the French cuffs and complementary

silk pocket hanky)... **Mark Ross** – guilt over

his recent

absences... **Bill Harvey** – great-grandson hit a grand-slam homer... **Kevin Kraft** – something about \$\$ for steps in Rotary in Motion??... **John DeDoncker** – "His team will need every one of those steps – I run 40 miles every week..."

Missing Today:

K. Adams, Adamson, Ahlstrand, Atnip, Blaske, Boeye, Bowe, Brown, Brummel, Calabrese, Cameron, Chambers, G. Coin, Coley, Deuth, Dobesh, Douglas, Downing, Eikenberry, Ellstrom, Freese, Heinrich, Hinton, James, Jones, Kinsley, Lanum, Larsen, Loweth, Lundin, McWilliams, G. Miller, L. Miller, Mitvalsky, Olson, Pieart, Ploehn, Richards, Ricketts-McCool, Sarver, Scranton, Selden, Spelhaug, St. Laurent, Schutte, Vandersnick. (... some of whom undoubtedly were herding those unruly golf fans at the JDC...)

Make-Ups:

Duncan Cameron @ Datona Beach, Fla. Mark Ross @ Iowa Quad Cities.

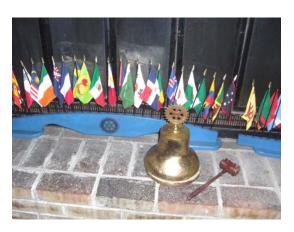
Future meetings:

July 7: Christy Filby, "Activate QC" July 14: Ed Failor Jr., "Iowans for Tax Relief"

July 21: Kathy Wine, "River Action" July 28: Sharon Sarver, "VST"

News Staff...

Editor, reporter Fred Anderson... Correspondent Chuck Mooney... Photographer Carter LeBeau... Webmeister Ralph Heninger... Website host Harry Coin



Bettendorf Rotary resources

Hot links where you can find answers to many questions about Rotary.

The history of Bettendorf Rotary, and more: http://www.bettendorfrotary.com/local.htm

Bettendorf Rotary in the community: http://www.bettendorfrotary.com/community.htm

Bettendorf Rotary's current officers: http://www.bettendorfrotary.com/current.htm

Bettendorf Rotary's committees and their chairs: http://www.bettendorfrotary.com/committ.htm

Links to Rotary International, Rotary Foundation, Polio Plus... and more: http://www.bettendorfrotary.com/links.htm

Link to District 6000's Website: www.rotary6000.org