



THE BETTENDORF ROTARY CLUB NEWS

Bettendorf, Iowa, Rotary Club
Oct. 13, 2010, issue

Next meeting:

Noon Wednesday, Oct. 20, 2010, at
The Fortune Garden Restaurant

Maybe some help for your lower-back pain

It's a painful fact that 8 out of 10 Americans suffer from lower-back pain. We'll learn more about that from **David Wilder** at the Oct. 20 meeting, along with info on the human body's response to vibration.



Wilder is associate professor of biomedical engineering and associate professor of occupational and environmental health at the University of Iowa and a faculty member at the Palmer College of Chiropractic.

He also is a researcher at the Heartland Center for Occupational Health and Safety, a senior research scientist of the Jolt/Vibration/Seating Laboratory, and a researcher at the Injury-Prevention Research Center.

Last meeting:

Wednesday, Oct. 13, 2010

Helping keep rivers clean in America

"We pick up garbage," said

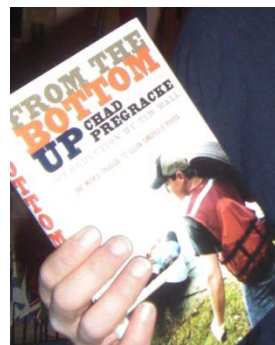
Michael Coyne-Logan of Living Lands & Waters Oct. 13 as he began an unscripted roundup of



the nonprofit environmental organization started 12 years to clean up the nation's major rivers.

Michael's a master of understatement. Since East Moline's Chad Pregracke started pulling trash out of the Mississippi, LL&W has hosted 421 cleanups in 14 states, collecting more than 6 million pounds of the stuff; he had a lot of help – 55,000-plus volunteers.

With help from corporate sponsors – beginning with Alcoa giving him a grant while he was still in his teens – he has gained national prominence. Among



other activities, LL&W has conducted 92 days of workshops and 200-plus educational outreach events involving more than 1,600

teachers, 7,200 students and 22,000 community members. Its MillionTrees project has planted more than 54,000 trees in five states. Then there's the Adopt-a-River Mile project... And the list of accomplishments goes on.... Learn more: www.livinglandsandwaters.org

The meeting opened...

As we do each week, we recited the 4-Way Test, with **President Jeff Hassel** leading, and sang a patriotic song – in this case, “This Is My Country.”



After Moments of Reflection, the singing resumed: Pianisto par excellence **Bernie Vogel** tickled the ivories as **Tom Howard** channeled Mitch Miller, leading “Sing, Everyone, Sing” and “Shine on Harvest Moon” (even if it was in a different lunar phase).

Secretary Chuck introduced:

Guests:

Erin Hankins with George Daugherty
Steve Sorensen with Bob Ryken
Sarah Castro with Jeff Hassel



Presentation...

→ **New member, part deux.** Last week **Glenn Kass** was inducted into membership – and this week, as promised, we got a photo of him.

Announcements...

→ **New leader... for a week.** **Mark Ross** will wield the gavel at next week's meeting.

→ **Dictionaries delayed.** The demand for young people's dictionaries is so great that the shipment to Bettendorf was delayed a bit, **Jim Spelhaug** said, meaning distribution to Bettendorf 4th graders are still on schedule, but PV and private school pupils will get their later than planned. Jim has contacted all concerned.



→ **Youth Harvest project.** The event to take some 300 QC youth to a fun and educational trip to a farm is scheduled for next Wednesday, Oct. 20, and **Tim Lane** asked for volunteers – especially new members. **Call Tim: 359-9660**

→ **Political fact.** For the past 76 years, after mid-term elections, according to **Kevin Kraft**, the Stock Market has gone up. Was this an interesting fact, or a shameless plug? You be the judge (Kevin did toss in \$20...).

→ **Library Doodle Day.** It happened last Thursday, but we had this photo of **Steve Nielsen**.... You could check with him to see if there are any doodles left over...??



→ **Election stuff.** **Mark Ross** was looking for volunteers for the Grassley campaign. Contact him: 529.0322 or MRoss@expensereduction.com. (To keep this newsletter nonpartisan, to help the Conklin campaign: (515) 243-3100 or www.roxanneforiowa.com.)

→ **Charity deadline extended.** The deadline to apply for grants from the Bettendorf Rotary Charities Fund has been extended to Nov. 1. For a blank application form, visit our Website – www.bettendorffrotary.com.

The news...

Caught without a news summary to his name, **Fred Anderson** did the only thing he could, under the circumstances – he advised members: “Watch CNN.”

Sergeant at Arms...

Cleverly disguised as a sergeant at arms, **President Jeff** pleaded for **Ryan \$\$** – and collected \$178 for our foundations plus \$35 in birthday money for our scholarship fund. The happy folks:

Greg Blaske – proud of his 8th-grade



daughter... **Bob Gabrilson** – one measly \$ for his greeting (because he didn't get one like this??)... **Tim Lofgren** – his “25th” birthday (is it the truth??) (oh, yeah – he did add \$10)... **Jim Spelhaug**

– 8th anniversary of his Dad's death... **President Jeff** – daughter shed her training wheels... **Susan Praul** – 9 days in Florida with daughter... **Connie Mangler** – going to Mexico... **Tom Olson** – said he “forgot” to pay for diesel fuel... happy he's not in the pokey.



Missing today:

L. Adams, Ahlstrand, Bowe-2, Brown-2, Brummel-7, Chambers, Coley, DeDoncker, Deuth, Dobesh-4, Downing, Eikenberry-5, Ellstrom-15, Freese, Gallagher, Habenicht, Heinrich-2, Hintermeister, Hinton-5, Jochmann-2, Jones-11, Kappeler, Kennedy, Lanum-2, Larsen, Legare-3, Lokenvitz-2, McGimpsey, McWilliams-5, L. Miller-2, Naumann-2, Pelecky, Ploehn, Powers, Richrds-5, Schillig, Scranton, Worley-10

Make ups:

Chelsea Powers @ www.rotaryclub7890.org
At today's committee meetings: Greg Blaske, Sharon Sarver, Tony Calabrese, Audie Foster, Mike Freemire, Kirsten Adams, Carl Loweth, Jonna Schuler, Jen

DeBuhr, Joe Douglas, Frank Mitvalsky, Fred Anderson, Jerry Felsing, Duncan Cameron, Brad Boeye, Bob Lundin, Steve Nielsen, Bernie Vogel, Mike Volbrecht

Prospective members...

Two new members have been proposed:

→ **Amber Castro**: classification: Household Furniture Retail; business: Knilans' Furniture; proposed by: **Brian Kennedy**

→ **Steve Sorensen**: classification: Business Development; business: Strategy in Progress, LLC; proposed by: **Bob Ryken**

Members have 10 days in which to file an objection to the proposed members. Any objection must be written, signed and filed with the secretary.

Upcoming meetings...

Oct. 27: Karin Franklin, Iowa City Rotarian and president of the board of FAMSCO (Fire and Medical Supply Co.): update on this District 6000 humanitarian and education foundation

News Staff...

Editor, reporter: Fred Anderson...
Correspondent: Chuck Mooney...
Photographer: Carter LeBeau...
Webmeister: Ralph Heninger...
Website host: Harry Coin

Bettendorf Rotary resources

Hot links where you can find answers to many questions about Rotary.

The history of Bettendorf Rotary, and more:
<http://www.bettendorffrotary.com/local.htm>

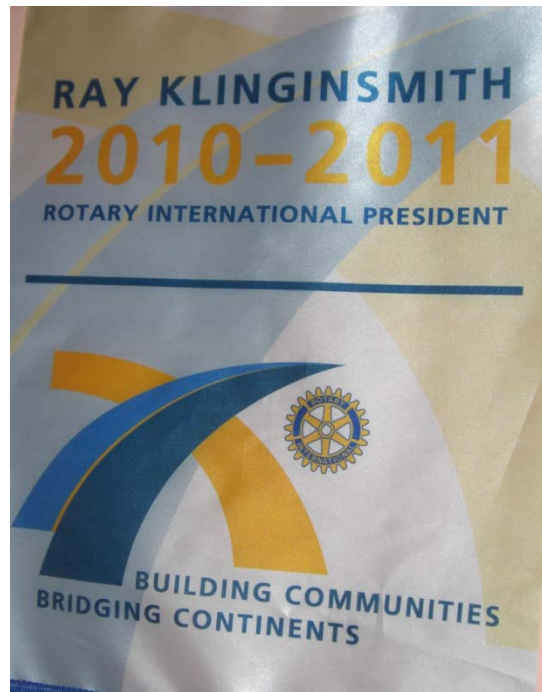
Bettendorf Rotary in the community:
<http://www.bettendorffrotary.com/community.htm>

Bettendorf Rotary's current officers:
<http://www.bettendorffrotary.com/current.htm>

Bettendorf Rotary's committees and their chairs:
<http://www.bettendorffrotary.com/committ.htm>

Links to Rotary International, Rotary Foundation, Polio Plus... and more:
<http://www.bettendorffrotary.com/links.htm>

Link to District 6000's Website:
www.rotary6000.org



Officers and Board Members...

President David Deuth, 355-4433
President-elect Jeff Hassel, 359-1366
Secretary/treasurer Chuck Mooney, 388-3544
Club service director Scott Naumann, 445-4260
Community service director Mark Ross, 529-0322
Youth service director Jim Spelhaug, 332-4040
Vocational service director George Daugherty, 333-2244
International service directors Ann Kappeler, 743-2166, Lee Semenow, 355-3313
Rotary Foundation director S.K. Nanda, 794-5310
Immediate past president Nicole McWilliams, 332-3071