



# THE BETTENDORF ROTARY CLUB NEWS

Bettendorf, Iowa, Rotary Club  
May 2, 2011, issue

## *Next meeting:*

Noon Wednesday, May 9, 2012,  
at The Fortune Garden Restaurant

## **Rescheduled: Miller’s legislative roundup**

Assuming the Iowa Legislature finally adjourns, at the May 9 meeting, our own Rep. **Linda Miller**, who represents Iowa House District 82, will give us her impressions of how the session went.



Linda has served in the Iowa House since 2007. Her committee service this year includes Human Resources (she’s chairperson), Education, Labor

and the Health and Human Services Budget Committee.

## *Last meeting:*

Tuesday, May 2, 2012

## **‘Chiropractic care prolongs vitality’**

Dr. **Doug Kloss** from Family Care Chiropractic in Davenport shared what he



sees from his professional perspective is the secret to “Staying Young – the First 100 Years,” during the May 2 meeting.

Since Americans are living longer, Kloss said, the key to enjoying those increased years is preventive chiropractic care. Decreased mobility often hinders an aging person’s quality of life, he said, but preventive chiropractic care can prolong full mobility and vitality into the 60s, 70s and beyond.

Rather than wait until symptoms – chiefly, pain – send you to a chiropractor, Kloss advised, take preventive action, which consists of three stages of care:

1. Adjustment – to correct an improperly aligned spine and stop the pain
2. Stabilization – a planned series of treatments to hold the spine in normal adjustment
3. Maintenance – one or two treatments per month to keep the spine in optimum adjustment

“It’s never too late” to enter preventive care, Kloss said. “Just like your dentist advising you to have regular checkups,”

he said, anyone, at any age, can apply the same philosophy to chiropractic care.

### **The meeting opened...**

... with **President Scott Naumann** leading the recitation of “The 4-Way Test” and the singing of the day’s patriotic song, “America.” After Moments of Reflection introductions and some other ado, song leader **Tom Howard** resumed the singing – a



cappella – with “Rotary Ideal,” “Just Let a Smile Be Your Umbrella” and “Happy Birthday, Dear Rotarians” – in this case, May 1, Decker Ploehn; 11, Melanie Boosalis; 13, George Worley; 19, Laurie Dobesh, Todd

Ashby; 29, Sharon Sarver; 31, **Carl Loweth.**

### **Secretary Chuck introduced: Visiting Rotarians:**

PDG Bill Tubbs, North Scott: Publisher Duncan Cameron, Naples, Fla.:

Beverages

Dougan Nelson, North Scott: Habitat for Humanity

### **Guests:**

Chris Salm with **Phil Kinsley**

Drew Lawrence with **Tom Kellenberger**

Carrie Voigts with **Tim Lane**

Dave Thompson and Brionna Walton with **Sharon Sarver**

Alexei Bibik with **Tim Lane**

**Scholastic guests.** Two students were among our guests. **Sharon Sarver** introduced Dave Thompson, the principal of the Wittenmyer Learning Center, and

Brionna Walker, one of the school’s students. Sharon said, as a member of the



**Sharon Sarver with Dave Thompson and Brionna Walker**

Family Resources staff, she plans to bring as her guest one student from the



school to the first meeting of every month.

### **Rick St. Laurent**

introduced a graduating senior from Rivermont

Collegiate, **Matt Newsom**, who plans to attend the University of Pennsylvania and its Wharton School.

### **Announcements...**

→ News from **Bill Tubbs.** Past District



### **Governor Bill**

updated info on two projects in which BRC \$\$ sent to IR is doing very good work: In Oaxaca, Mexico, funds sent from BRC plus North Scott, Iowa QC and Davenport

Rotaries is matched by Rotary Foundation to yield \$12,000 to help the “garbage pickers” of Oaxaca start a composting business that will help them progress economically. And from his visit to India in February, Bill reported on Rotary’s PolioPlus success there.

→ **LobsterFest.** Suddenly, there was a loud pounding on the door – and in burst **Larry The Lobsterman**, rain slicker and all, to remind us just how close LobsterFest is – and to encourage all to pitch in to:



→ Secure more sponsors – including a \$2,500 Gold Sponsor  
→ Sell out tickets to fill every table – just 9 tables’ worth of tickets remain

“You gotta get up off your butts to do it!” Larry coaxed in that gentle fog-horn voice of his.

In other LobsterFest news, the Fest Committee met Thursday, May 3.  
→ Stressing the need to bring aboard more sponsors, **President Scott** said, “Now would be the time to ask, invite, and encourage those partnerships. We need to move to printing and electronic promotion.” He set Friday, May 4 as the deadline for sponsorship commitments.

→ For members who have committed to a table of tickets, Scott reminded, “Get the names of guests returned to **Penny McGimpsey (333-2649 - [pmcgimpsey@qetimes.com](mailto:pmcgimpsey@qetimes.com))**. He added,

“Remember the bottom part of the ticket includes the name of your attendees. The middle is your nametag and the top is the actual details of the event.”

→ Scott thanked **Sharon Sarver** “for all your hard work on the logistical details. Ask for help and more Rotarian volunteers.... And thank you to all that have already stepped up!”

→ The Marketing Committee is ensuring all LobsterFest info is up-to-date on the BRC Website and Facebook page.

→ **Website.** And speaking of the BRC Website, the new one will be ready to launch in just a couple more weeks, according to **Chris Glass**. [BIG round of applause!]

→ **John Deere Classic.** Hard to believe, but it’s almost time to slather on the sun-block and go to marshal OUR hole No. 1 (since 2001!).



**Jeff Hassel** said, “We need 15-20 volunteers each day – Wednesday,

July 11 – Sunday, July 15. They don’t all have to be Rotarians. So tell your friends, family members and neighbors: If they’d like FREE ADMISSION to any or all of those days, they just have to work one of them.” To sign up, contact Jeff – 336-3008 or [jhassel@davchc.com](mailto:jhassel@davchc.com) – or **Decker Ploehn** – 344-4007 or [dploehn@bettendorf.org](mailto:dploehn@bettendorf.org).

→ **Red Badge meeting.** For all members with a red patch on their badge – **6 p.m.**



**Wednesday, May 9**, at Farraday's in the Isle Complex.

### **The News...**

**Lora Adams** couldn't attend, but here's the *Cliff's Notes* version of her newscast:

A federal grand jury returned an indictment charging Rita Crundwell, former financial officer of Dixon, Ill., for allegedly stealing more than \$53 million from the city since 1990.... A Polish woman dentist is facing three years in prison after she pulled all of her ex-boyfriend's teeth just days after their breakup.... Police in North Port, Fla., arrested a man for robbery after seeing photos of him on Facebook posing with the loot.... A Los Angeles County sheriff's captain is under investigation for allegedly freeing a pro-golfer turned jewel thief for a few hours to help him shave strokes off his golf game.

### **Sergeant at arms...**

**President Scott** collected \$174 for our foundations + \$60 from **Decker Ploehn** for his birthday. **Ryan Happy \$\$** came out of the wallets of **Decker Ploehn** – who also gave \$20 - \$11 of which were from playing golf in Florida with former BRC member **Joe**



**Douglas... John Rabine** – “I appreciate **Tom Howard** and **Carter LeBeau** leading the singing.”... **President Scott** – “angry” bucks – “I can't get **Happy \$\$**”... **Tom Howard** – happy for this friendly club and the singers in it... **Harry Coin** – kind words for this publication... **Scott** again – BRC won “best Website” at the recent Region 6000

convention – “and we're scrapping the whole thing for an updated one.”

### **Missing today...**

K. Adams, L. Adams, Archer, Boeye-3, Boosalis-4, Bowe-8, Boling-3, Brown-10, Calabrese-2, Carter-6, Castro, DeBuhr-2, Deuth, Dickson-4, Dobesh-13, Downing-2, Eikenberry-3, Ellstrom-18, Felsing, Hartsock-3, Heninger, Hintermeister, Hinton-18, Kappeler-2, Kennedy-2, McGimpsey, McWilliams-7, G. Miller, L. Miller-17, Mitvalsky, Murray-2, Nanda-2, Nelson-18, Olson, Pelecky-18, Pieart-2, Praul-2, Ricketts-McCool, Rolf, Schuler, Schutte-2, Scranton, Sherrick, Volbrecht-13, Willsher-7, Worley-16

### **Upcoming meetings...**

... Thanks to program chair **Brian Kennedy**. Have program ideas? Contact Brian: **340-5114**, [bmfkennedy@att.net](mailto:bmfkennedy@att.net)  
**May 9**: Rep. Linda Miller, Iowa House Dist. 82

### **News staff...**

Editor, reporter: Fred Anderson...  
Correspondent: Chuck Mooney...  
Photographer: Carter LeBeau...  
Webmeister/Web-site host: Chris Glass

### **Make up at another QC club...**

Monday, noon: Davenport – The Outing Club  
Monday, noon: Moline – Christ the King Catholic Church  
Monday, 6 p.m.: QC Illinois – Arbor Village Club House, Moline  
Tuesday, 7:15 a.m.: River Cities – Brothers Restaurant, Rapid City  
Tuesday, noon: Rock Island – QC Botanical Center  
Wednesday, 5 p.m.: Mini Meet – Lunardi's Restaurant, Davenport  
Thursday, 7 a.m.: Iowa Quad Cities – The Lodge, Bettendorf  
Thursday, noon: East Moline – Christ United Methodist Church  
Thursday, noon: Milan – Pinnacle Country Club

Friday, noon: North Scott – Steeplegate Inn,  
Davenport